



"Finding True Hope Amidst Severe Pain"

2 antidotes that combat the poison of circumstantial despair:

1. Acknowledging our Personal Emptiness—vv.17-20

(Gen. 8:1; Ex. 2:24; Lev. 26:42)

V.21—The Necessary Turning Point

(Rom. 12:2)

2. Recalling our Loving God—vv.22-26

(Ps. 73:25-26; 2 Cor. 12:7-10; Rom. 8:31-39)